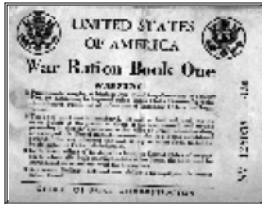


Warring Hearts trilogy

1940's - a decade of extreme violence and extraordinary courage...



War Rationing

New Year's 1940, Britain put in place rationing to

ensure everyone received their fair share of goods. Can you imagine living on weekly rations of food, gasoline, fuel and clothing.

The first food items rationed were sugar, butter and ham and bacon. By summer, butter ration was halved and the rations were extended to include tea, cheese, jam and eggs. By 1942, rice, dried fruit, canned tomatoes and peas, breakfast cereals, condensed milk, biscuits (cookies), oat flakes, and worst of all, chocolate and sweets was added to the ration list. In 1943, bath water was restricted to 5" regardless of how many people took a bath! Soap was given as wedding gifts it was so coveted!

In a British paper, an ad ran: "Wanted: Egg Timer, sentimental reasons. Wanted: Egg, same reason."

At its peak, in August 1942, the food ration for ONE person for ONE whole week was set at:

- One shilling and tuppence's worth of meat (perhaps a pork chop and four sausages)
- Eight ounces of sugar
- Eight ounces of butter, margarine

Long Strange Trip

tune in, turn on, drop out

Sixties Top Music

What music was Rose Red listening to?

Kenneth had no clue what the youth culture was rocking out to - but Rose had her ear to the musical pulse of her generation.

If I was to put together a 'soundtrack' of music to go with Long Strange Trip, these songs would be a 'must have'!

1. The Beatles: Penny Lane and Strawberry Fields Forever
2. Aretha Franklin: Respect
3. The Rolling Stones: Let's Spend the Night Together and Ruby Tuesday
4. The Who: I Can See For Miles
5. Jackie Wilson: Your Love Keeps Lifting Me) Higher and Higher
6. Sam and Dave: Soul Man
7. The Doors: Light My Fire
8. The Buffalo Springfield: For What It's Worth
9. Procol Harum: A Whiter Shade of Pale
10. Otis Redding: Try A Little Tenderness

Here's a list of popular albums of 1967!

Pisces Aquarius Capricorn & Jones Ltd - The Monkees

or lard
Four ounces of bacon or ham
(perhaps four rashers of bacon)
Two ounces of tea (half a packet
or the equivalent of 15 teabags)
Two ounces of cheese
One egg

In Paris, under Nazi occupation, Parisians were restricted to *12 oz. bread a day, 5 oz. meat and cheese per month and sugar and coffee were treated like gold.* Added to the ration list was fish, tobacco, textiles, wine and soap. By 1944, fuel was so scarce, that cooking was restricted and permitted one to two hours at lunchtime and an hour in the evening.

America didn't enter the war until January 1941, but the government didn't waste time putting into place ration coupons for gasoline, coffee, sugar and meat.

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Sgt. Pepper's Lonely Hearts Club Band - The Beatles

Buffalo Springfield Again - Buffalo Springfield

Younger Than Yesterday - The Byrds

The Doors - The Doors

Disraeli Gears - Cream

Are You Experienced - Jimi Hendrix

Surrealistic Pillow - Jefferson Airplane

Forever Changes - Love

Bee Gees First Album - Bee Gees

Between the Buttons - The Rolling Stones

John Wesley Harding - Bob Dylan

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